

# Sumatran 50 mg and 100 mg tablets

*Sumatriptan succinate*

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## Consumer Medicine Information

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### What Is in this Leaflet

Please read this leaflet carefully before you start taking Sumatran Tablets.

This leaflet answers some common questions about Sumatran Tablets. It does not contain all of the available information.

It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the expected benefits of you taking Sumatran Tablets against the risks this medicine could have for you.

If you have any concerns about taking this medicine, ask your doctor or pharmacist.

**Keep this leaflet with the medicine.**

You may need to read it again.

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### What are Sumatran Tablets used for?

Sumatran Tablets contain the active ingredient sumatriptan succinate.

This medicine belongs to a group of drugs called serotonin agonists.

Sumatran Tablets are used to relieve a migraine attack. They should not be used to prevent migraine attacks from occurring.

Sumatran Tablets may be used for migraine headaches with or without what is known as 'aura'.

It is thought that migraine headache is due to widening of certain blood

vessels in the head. Sumatran Tablets work by making those vessels normal again and ease the symptoms of migraine.

Your Sumatran Tablets do not work in other types of headache which are not a migraine.

Sumatran Tablets are not addictive.

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### Before you take Sumatran Tablets

*Do not take if:*

You must not take Sumatran Tablets if:

- **You have ever had an allergic reaction to sumatriptan succinate (See "What are the side effects?") or any of the ingredients listed toward the end of this leaflet. (See "Ingredients").**
- **You have or have had:**
  - Heart disease or heart attack.
  - Shortness of breath, pain or tightness in the chest, jaw or upper arm.
  - Peripheral vascular disease (pain in the back of the legs) or are prone to cold, tingling or numb hands and feet.
  - Prinzmetal's angina (an uncommon form of angina where pain is experienced at rest rather than during activity).
  - Angina.
  - High blood pressure.
  - Stroke.
  - Severe liver disease.

- **You have taken any of these medicines in the last 24 hours:**
  - Ergotamine (eg Cafergot)
  - Dihydroergotamine (eg Dihydergot)
  - Methysergide (eg Deseril)
  - Naratriptan (eg Naramig)
  - Zolmitriptan (eg Zomig).
- **You have taken any of these medicines in the last two weeks:**
  - Monoamine oxidase inhibitors (MAOIs), a type of medicine used for depression.
  - SSRIs (Selective Serotonin Reuptake Inhibitors) or SNRIs (Serotonin-noradrenaline reuptake inhibitors) used to treat depression.
- **The expiry date (EXP) printed on the pack has passed.**
- **The packaging is torn or shows signs of tampering.**

*Tell your doctor if:*

You must tell your doctor if:

- **You are allergic to foods, dyes, preservatives or any other medicines, including any that contain sulphur (e.g. sulphonamide antibiotics).**
- **You are allergic to lactose.**
- **You are taking or have taken any other medicines in the last two weeks, including medicines you buy without a prescription, particularly herbal preparations containing St John's Wort and medicines prescribed for depression.**

- **You are breast feeding, pregnant or trying to become pregnant.**
- **You have or have had medical conditions like:**
  - Liver or kidney problems.
  - Heart problems. Risk factors including high blood pressure, even if it is under control, high blood cholesterol levels, a family history of heart problems, obesity, diabetes, you are male and over 40 years of age, you are female and have undergone menopause or you smoke.
  - Epilepsy, seizures, or fits or been told that you are prone to this problem.
  - Stroke

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## How do I take Sumatran Tablets?

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Take your medicine as your doctor has told you. The label on the pack will tell you how many tablets to take and how often you should take them. If you do not understand what you should do, ask your doctor or pharmacist.

### *How much to take*

The recommended starting dose for adults aged 18 to 65 is 50 mg; however you may need to have your dose of Sumatran Tablets increased to 100 mg. Your doctor will tell you which dose is right for you. If the first Sumatran Tablet helps your migraine, but the migraine comes back later, you may take another Sumatran Tablet. Do not take more than 300 mg of Sumatran Tablets in any twenty-four hours. Six pink (50 mg strength) or three white (100 mg strength) tablets contain 300 mg.

Do not take more Sumatran Tablets, or any other form of Sumatriptan, if the first dose has not provided any relief from your symptoms. You may take your usual headache relief medication provided it does not

contain ergotamine or methysergide. If you are not sure what to do, ask your doctor or pharmacist.

If your migraine is not relieved by Sumatran Tablets, you may use Sumatran Tablets on another occasion to treat another migraine attack.

Provided there are no side effects, you can use Sumatran Tablets to treat at least three separate migraine attacks before you and your doctor decide this medicine is ineffective for you.

### *How to take it*

Your Sumatran Tablet should be swallowed with a drink of water. Do not crush or chew the tablet as it has a bitter taste.

### *When to take it*

It is best to take your Sumatran Tablet -

1. When the migraine headache begins; or
2. When other symptoms of the migraine begin, such as nausea (feeling sick), vomiting or your eyes becoming more sensitive to light.

If you take your tablet later during the migraine attack it will still work for you. Do not take your Sumatran Tablet before the above symptoms occur.

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## What do I do if I take too much? (Overdose)

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**Immediately telephone your doctor or Poisons Information Centre (telephone 131126) for advice, if you think you or anyone else may have taken too many Sumatran Tablets, even if there are no signs of discomfort or poisoning. You may need urgent medical attention.**

**If you are not sure what to do, contact your doctor or pharmacist.**

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## While you are taking Sumatran Tablets

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### *Things you must do*

**Tell your doctor if, for any reason, you have not taken your medicine exactly as directed.**

Otherwise, your doctor may think that it is not working and change your treatment unnecessarily.

### *Things you must not do*

**Do not give this medicine to anyone else, even if their symptoms seem similar to yours.**

### *Things to be careful of*

As with many other medicines, Sumatran Tablets may cause drowsiness in some people.

**Be careful driving or operating machinery until you know how Sumatran Tablets affect you.**

If you use Sumatran Tablets too often, it may make your headache worse. If this happens, your doctor may tell you to stop taking Sumatran Tablets.

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## What are the side effects?

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**Check with your doctor as soon as possible if you think you are experiencing any side effects or allergic reactions due to taking Sumatran Tablets, even if the problem is not listed below.**

Like other medicines, Sumatran Tablets can cause some side effects. If they occur, they are most likely to be minor and temporary. However, some may be serious and need medical attention.

**Tell your doctor if you experience any of the following after taking Sumatran Tablets:**

- Pain, tingling, heat or flushing in any part of the body.
- Feeling of sleepiness, dizziness or tiredness.
- Nausea (feeling sick) or vomiting.
- A change in blood pressure.
- Feeling of faintness.
- Problems with your eyesight.
- Pain in the lower tummy and bloody diarrhoea (ischaemic colitis).
- Shaking or tremors,
- Uncontrolled movements,
- Shortness of breath.

**Tell your doctor immediately, or seek urgent medical attention, and do not take any more Sumatran Tablets if you:**

- Feel heaviness, pressure or tightness in any part of the body including the chest or throat.
- Feel irregular heartbeats.
- Have a fit or convulsion.
- Have wheezing, swelling of the lips/mouth, difficulty in breathing, hay fever, lumpy rash (“hives”) or fainting.  
These could be the symptom of an allergic reaction.
- Have persistent purple discolouration and/or pain in the fingers, toes, ears, nose or jaw in response to cold.

These side effects are likely to be serious. Stop taking Sumatran Tablets and seek medical attention straight away.

This is not a complete list of all possible side effects. Others may occur in some people and there may be some side effects not yet known.

**Do not be alarmed by this list of possible side effects. You may not experience any of them.**

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## How do I store Sumatran Tablets?

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**Keep this medicine where children cannot reach it, such as in a locked cupboard.**

**Keep Sumatran Tablets in the blister pack in a cool, dry place where it stays below 25°C.**

**Do not leave them in a car, on a window sill or in a bathroom.**

**Keep Sumatran Tablets in their pack until it is time to take them.**

**Return any unused or expired medicine to your pharmacist.**

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## Product Description

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### *What it looks like*

Sumatran comes in 50 mg & 100 mg:

#### **Sumatran 50 mg (AUST R 187216)**

Pink coloured, capsule shaped biconvex film coated tablets, plain on both sides. In packs of 2 & 4.

#### **Sumatran 100 mg (AUST R 187217)**

White to off-white coloured, capsule shaped biconvex film coated tablets, plain on both sides. In packs of 2

### *Ingredients*

#### *Active ingredients*

- Sumatran Tablets 50 mg containing Sumatran succinate equivalent to 50 mg Sumatriptan per tablet
- Sumatran Tablets 100 mg containing Sumatran succinate equivalent to 100 mg Sumatriptan per tablet

#### *Inactive ingredients*

- Lactose monohydrate
- microcrystalline cellulose
- croscarmellose sodium
- hypromellose, and

- magnesium stearate.

Sumatran Tablets 50 mg also contain OPADRY complete film coating system 03K54036 PINK.

Sumatran Tablets 100 mg also contain OPADRY complete film coating system 03A58900 WHITE.

Sumatran Tablets do not contain gluten.

Sumatran Tablets contain sugars as lactose.

### *Name and Address of the Sponsor*

Arrotex Pharmaceuticals Pty Ltd  
15-17 Chapel Street  
Cremorne VIC 3121  
www.arrotex.com.au

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