

# Sodium Chloride 0.9% solution for injection

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

### 1. Why am I using Sodium Chloride 0.9%?

Sodium Chloride 0.9% contains the active ingredient sodium chloride. Sodium Chloride 0.9% is used to replace lost body fluids and salts, dilute other medicines, and/or act as a sterile liquid for washing wounds, nasal passages or during surgery.

For more information, see Section [1. Why am I using Sodium Chloride 0.9%?](#) in the full CMI.

### 2. What should I know before I use Sodium Chloride 0.9%?

Do not use if you have ever had an allergic reaction to Sodium Chloride 0.9% or any of the ingredients listed at the end of the CMI.

**Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I use Sodium Chloride 0.9%?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with Sodium Chloride 0.9% and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How do I use Sodium Chloride 0.9%?

- Sodium Chloride Injection 0.9% must only give by a doctor or healthcare professional. They will decide what dose and how long you will receive it for. This depends on your medical condition and other factors.

More instructions can be found in Section [4. How do I use Sodium Chloride 0.9%?](#) in the full CMI.

### 5. What should I know while using Sodium Chloride 0.9%?

<b>Things you should do</b>	<ul style="list-style-type: none"> <li>If you become pregnant while being given Sodium Chloride 0.9%, tell your doctor immediately.</li> <li>Remind any doctor, dentist, pharmacist or nurse you visit that you have been given Sodium Chloride 0.9%.</li> <li>Before surgery, tell the surgeon or anaesthetist that you have been given this medicine.</li> </ul>
<b>Driving or using machines</b>	<ul style="list-style-type: none"> <li>Be careful driving or operating machinery until you know how Sodium Chloride 0.9% affects you.</li> <li>If you feel light-headed, dizzy or faint when getting out of bed or a chair, get up slowly.</li> </ul>
<b>Looking after your medicine</b>	<ul style="list-style-type: none"> <li>Sodium Chloride Injection 0.9% will be stored in the surgery, pharmacy or ward of a hospital in a cool dry place where the temperature stays below 25°C.</li> </ul>

For more information, see Section [5. What should I know while using Sodium Chloride 0.9%?](#) in the full CMI.

### 6. Are there any side effects?

Sodium Chloride 0.9% may cause nausea, vomiting, diarrhoea, cramps, decrease in saliva, tears or urination, increase in thirst and sweating, increase in heart rate, difficulty breathing or breathlessness which may worsen when lying down, swelling of hands, ankles and feet, dizziness, light headedness, drowsiness, restlessness or irritability, headaches, confusion, muscle weakness, twitching, rigidity or convulsions.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

# Sodium Chloride 0.9% solution for injection

Active ingredient: *sodium chloride*

## Consumer Medicine Information (CMI)

This leaflet provides important information about using Sodium Chloride 0.9%. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using Sodium Chloride 0.9%.**

Where to find information in this leaflet:

1. [Why am I using Sodium Chloride 0.9%?](#)
2. [What should I know before I use Sodium Chloride 0.9%?](#)
3. [What if I am taking other medicines?](#)
4. [How do I use Sodium Chloride 0.9%?](#)
5. [What should I know while using Sodium Chloride 0.9%?](#)
6. [Are there any side effects?](#)
7. [Product details](#)

## 1. Why am I using Sodium Chloride 0.9%?

Sodium Chloride 0.9% contains the active ingredient **sodium chloride**. Sodium chloride is a mineral supplement.

Sodium Chloride 0.9% is used to:

- replace lost body fluids and salts
- dilute other medicines, which may be given by injection or drip
- act as sterile liquid for washing wounds, nasal passages, or during surgery

Your doctor may have prescribed it for another reason.

**Ask your doctor if you have any questions about why this medicine has been prescribed for you.**

## 2. What should I know before I use Sodium Chloride 0.9%?

### Warnings

**Your doctor will have considered the need to give you Sodium Chloride 0.9% carefully. Make sure to tell the doctor if you have any allergies.**

### Do not use Sodium Chloride 0.9% if:

- you are allergic to
  - sodium chloride
  - any other medicines
  - any other substance such as food dyes, preservatives or plastics.
  - any of the ingredients listed at the end of this leaflet.

Some of the symptoms of an allergic reaction may include:

- shortness of breath
- wheezing or difficulty breathing
- swelling of the face, lips, tongue, or other parts of the body
- rash, itching or hives on the skin.
- Always check the ingredients to make sure you can use this medicine.

### Check with your doctor if you:

- have or have had the following medical conditions:
  - heart problems
  - severe kidney disease
  - swelling of hands, ankles or feet due to excess fluid
  - breathlessness which may be severe or worsen when lying down
  - high blood pressure due to pregnancy
  - liver disease

### You should not be given Sodium Chloride 0.9% if:

- the solution is discoloured, cloudy, turbid, or a precipitate is present. The solution is normally a clear colourless solution.
- upon dilution with another IV solution the solution becomes cloudy, turbid, discoloured, or form visible particles.

**If you are not sure whether you should be given Sodium Chloride 0.9% talk to your doctor.**

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

### Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

**Unless specifically prescribed by your doctor, you should not be given Sodium Chloride 0.9% if you are pregnant or breast feeding. Ask your doctor about the risks and benefits involved.**

### Use in Children

- Sodium Chloride 0.9% should be administered with care to very young patients.

### Use in Elderly

- Sodium Chloride 0.9% should be administered with care to elderly patients.

## 3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket, health food shop, herbalist or naturopath.

**Some medicines may interfere with Sodium Chloride 0.9% and affect how it works.**

These include:

- Corticosteroids
- or other drugs that cause sodium to be retained in the body.

**Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect Sodium Chloride 0.9%.**

## 4. How do I use Sodium Chloride 0.9%?

### How much to use

- Your doctor or health care professional will decide what dose of Sodium Chloride 0.9% you will receive and how long you will receive it for. This depends on your medical condition and other factors.
- Sometimes only a single dose of Sodium Chloride 0.9% is required.

### How to use Sodium Chloride 0.9%

- The way Sodium Chloride 0.9% will be used by your doctor or health care professional will depend on why you need it.
- Sodium Chloride 0.9% will only be opened when it is time for you to have the injection.

### If you are given too much Sodium Chloride 0.9%

Overdose is unlikely to occur as Sodium Chloride 0.9% must only be given by a doctor or nurse. Your doctor or nurse will monitor the level of sodium and chloride in the blood. Some medical conditions may result in too much

sodium or chloride in the body, and you may need urgent medical attention.

### You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

**You should do this even if there are no signs of discomfort or poisoning.**

## 5. What should I know while using Sodium Chloride 0.9%?

### Things you should do

If you are about to be started on any new medicine, remind your doctor and pharmacist that you have been given Sodium Chloride 0.9%.

Tell any other doctors, dentists, and pharmacists who treat you that you have been given Sodium Chloride 0.9%.

If you are going to have surgery, tell the surgeon or anaesthetist that you have been given Sodium Chloride 0.9%. It may affect other medicines used during the surgery.

**If you feel lightheaded or faint when getting out of bed or standing up, get up slowly.**

Standing up slowly, especially when you get up from a bed or a chair, will help your body get used to the change in position and blood pressure. If this problem continues to get worse talk to your doctor.

### Call your doctor straight away if you:

- become pregnant during the course of Sodium Chloride 0.9% treatment.

Remind any doctor, dentist, pharmacist or nurse you visit that you have been given Sodium Chloride 0.9%.

### Driving or using machines

**Be careful before you drive or use any machines or tools until you know how Sodium Chloride 0.9% affects you.**

Sodium Chloride 0.9% may cause dizziness, light-headedness, drowsiness, or weakness in some people. If you have any of these symptoms, do not drive, operate machinery, or do anything else dangerous.

### Looking after your medicine

- Sodium Chloride Injection 0.9% will be stored in the surgery, pharmacy or ward of a hospital. The medicine is kept in a cool dry place where the temperature stays below 25°C.
- Sodium Chloride Injection 0.9% will only be opened when it is time for you to have the injection.
- It should not be stored after it is opened nor used for more than one person.

Keep it where young children cannot reach it.

## 6. Are there any side effects?

All medicines can have side effects. The use of Sodium Chloride 0.9% to replace lost body fluids and salts or addition to intravenous fluids is unlikely to result in any side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

### Less serious side effects

Less serious side effects	What to do
<p>A decrease in saliva, tears or urination and/or an increase in thirst and sweating may be experienced.</p> <p><b>Other side effects may include:</b></p> <p><b>Nervous system:</b></p> <ul style="list-style-type: none"> <li>headaches, confusion</li> </ul> <p><b>Musculoskeletal:</b></p> <ul style="list-style-type: none"> <li>cramps</li> </ul>	<p><b>Speak to your doctor if you have any of these less serious side effects and they worry you.</b></p>

### Serious side effects

Serious side effects	What to do
<p>Swelling of hands, ankles and feet may be experienced.</p> <p><b>Other side effects may include:</b></p> <p><b>Cardiovascular:</b></p> <ul style="list-style-type: none"> <li>increase in heart rate</li> </ul> <p><b>Gastrointestinal:</b></p> <ul style="list-style-type: none"> <li>nausea, vomiting, diarrhoea</li> </ul> <p><b>Respiratory:</b></p> <ul style="list-style-type: none"> <li>difficulty breathing or breathlessness which may worsen when lying down</li> </ul> <p><b>Musculoskeletal:</b></p> <ul style="list-style-type: none"> <li>muscle weakness, twitching, rigidity, or convulsions</li> </ul> <p><b>Nervous system:</b></p> <ul style="list-style-type: none"> <li>dizziness, light headedness, drowsiness, restlessness, or irritability</li> </ul>	<p><b>Call your doctor straight away or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</b></p>

**Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

If you are over 65 years of age or very young, you may have an increased chance of getting side effects.

### Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side effects, you can help provide more information on the safety of this medicine.

**Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.**

## 7. Product details

This medicine is only available with a doctor's prescription.

### What Sodium Chloride 0.9% contains

<b>Active ingredient (main ingredient)</b>	sodium chloride
<b>Other ingredients (inactive ingredients)</b>	hydrochloric acid sodium hydroxide water for injections

**Do not take this medicine if you are allergic to any of these ingredients.**

Sodium Chloride 0.9% does not contain lactose, sucrose, gluten, tartrazine, alcohol, dyes or any preservatives.

### What Sodium Chloride 0.9% looks like

Sodium Chloride 0.9% is a clear, colourless solution in:

- a clear glass 100 mL vial with a plastic green top. (AUST R 48349).
- a clear glass 50 mL vial with a plastic top. (AUST R 11975).

### Who distributes Sodium Chloride 0.9%

Sodium Chloride 0.9% is supplied by:

Phebra Pty Ltd

19 Orion Road, Lane Cove West,

NSW 2066, Australia.

Telephone: 1800 720 020.

This leaflet was prepared in Jul 2021.

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