

MYCOSPOR TOPICAL CREAM

Bifonazole 1% cream (AUST R 41931)

Consumer Medicine Information

Before using this product:

Please read this leaflet carefully.

If you have any questions or are not sure about something, ask your pharmacist.

This leaflet is only a summary

1. WHAT MYCOSPOR CREAM IS USED FOR

MYCOSPOR cream is a topical antifungal cream used to treat skin infections such as tinea, Athlete's foot, jock itch, ringworm of the body, and other skin infections caused by fungi or yeasts.

The product contains the active ingredient bifonazole and is for external use only.

2. BEFORE YOU USE MYCOSPOR CREAM

Do not use MYCOSPOR cream:

- if you are allergic to bifonazole or any of the ingredients,
- in the eyes,
- past its expiry date.

Ask your pharmacist or doctor for advice

- before treating yourself, as many skin infections have similar signs and symptoms,
- before treating a baby,
- if you are pregnant or breastfeeding,

- if you are using other medicines, creams or ointments to treat your skin condition you may have bought at your pharmacy, supermarket or health food shop.

Not to be taken orally. Not for internal use.

MYCOSPOR cream is not to be used for fungal infections in the mouth or vagina.

3. HOW TO USE MYCOSPOR CREAM

MYCOSPOR cream only needs to be used once a day, preferably before going to bed.

Clean and dry the affected area thoroughly. Apply cream thinly to the affected area and rub in gently. A small amount (about the size of a pea) is sufficient for the treatment of an area about the size of the palm.

The length of treatment is between 2 to 4 weeks and depends on the type of infection and site involved.

To achieve a lasting cure, continue applying the cream for the full duration of treatment as shown below, even if the infection seems to have cleared.

Athletes foot or tinea of the foot
3 weeks

Fungal (or yeast) infections of the skin
2 - 4 weeks

Jock itch, ringworm or tinea of the body
2 - 3 weeks

The dosage recommendations may be modified by your doctor to best treat your condition.

Missed Application

Apply it as soon as you remember. However if it is almost time for your next application ignore the missed dose and go back to using it as you would normally.

In case of swallowing
Seek medical advice

4. WHILE YOU ARE USING MYCOSPOR CREAM

Attention to hygiene is important in the management of fungal infections of the feet. After washing the feet, dry thoroughly (especially between the toes) with a clean towel. Wear clean cotton socks and change daily or more often if your feet sweat freely. Wear well-ventilated shoes or sandals.

Wear loose fitting cotton clothing when using this medication on the groin area.

In general, keep the affected areas clean, cool and dry.

5. SIDE EFFECTS

Occasionally, skin reactions such as redness, burning, itching, irritation and peeling may occur.

If any of these local reactions (or other side effects not listed above) develop, discontinue use and ask for advice from your pharmacist or doctor.

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6. AFTER USING MYCOSPOR CREAM

Continue treatment for the recommended length of time even if the infection seems to have cleared.

Storage

Keep all medicines out of the reach of children.

MYCOSPOR cream should be stored in the manufacturer's tube until immediately before use.

Store below 30°C.

Check the expiry date on the end panel of the carton and on the crimp at the end of the tube. Do not use after the expiry date.

Discard expired medicine out of reach of children.

7. PRODUCT DESCRIPTION

MYCOSPOR cream is a white opaque cream presented in a screw-cap tube containing 15g of cream.

Each gram of MYCOSPOR 1% cream contains 10 mg of bifonazole.

The cream also contains benzyl alcohol, cetyl esters wax, cetostearyl alcohol, octyldodecanol, polysorbate 60, sorbitan monostearate and purified water.

Further information

If you have any further questions on your MYCOSPOR treatment, please ask your pharmacist.